

# DAILY CHILD CARE HEALTH CHECK

**INSTRUCTIONS:**

Complete the daily health check when you greet each child and parent upon arrival. It usually takes less than a minute.  
Observe the child throughout the day and upon the child's departure.

**Greet the child and parent. Interact with both. Be on the child's level.**

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| <p>➤ <b>Check and observe the child's:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Behavior</li> <li><input type="checkbox"/> Physical Condition             <ul style="list-style-type: none"> <li>○ Breathing</li> <li>○ Skin</li> <li>○ Eyes, nose, ears, and mouth</li> </ul> </li> </ul> | <p>➤ <b>Talk with the parent about the child's:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Sleeping</li> <li><input type="checkbox"/> Eating and drinking</li> <li><input type="checkbox"/> Bowels and urinating</li> <li><input type="checkbox"/> Mood and behavior at home</li> <li><input type="checkbox"/> Unusual events</li> </ul> |
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**CHART FOR DAILY HEALTH CHECKS:**

Child's Name _____		BEHAVIOR CHECK	PHYSICAL CONDITION CHECK	TALK WITH PARENT	COMMENTS
Week of _____ date					
<b>Monday</b>	AM				
	NOON				
	PM				
<b>Tuesday</b>	AM				
	NOON				
	PM				
<b>Wednesday</b>	AM				
	NOON				
	PM				
<b>Thursday</b>	AM				
	NOON				
	PM				
<b>Friday</b>	AM				
	NOON				
	PM				
<b>Additional Comments:</b>  					